

ALL DAY *breakfast*

Ⓥ Eggs on toast \$7.50

Bacon and eggs poached
or scrambled with toast \$12

ⓋⓋ Ⓥ Smashed avocado on Turkish
with crumbled feta and cherry
tomatoes \$14.50

Ⓥ Waffles with berries and banana,
Canadian maple syrup and
vanilla ice cream \$13.50

Eggs Benedict with spinach and
hollandaise and your choice of
Ham or bacon \$13.50
Smoked salmon \$16

ⓋⓋ Ⓥ Potato Rosti, avocado, spinach,
cherry tomatoes, eggplant with
poached eggs and hollandaise \$14

ⓋⓋ Ⓥ Muesli, fresh fruit and coconut
yoghurt with chia and papitas
seed mix \$11.50

Breaky wrap with bacon, egg, spinach,
cheese and bbq sauce \$9.50

Big breaky burger, bacon, egg,
pattie, cheese, potato rosti, tomato,
spinach tomato relish \$15

EXTRAS

Bacon \$3

Avocado \$2

Salmon \$3

Tomato .50

Egg \$2.50

Spinach .50

Ⓥ VEGETARIAN

ⓋⓋ VEGAN OPTION AVAILABLE

MOST ITEMS AVAILABLE GLUTEN FREE • ASK OUR FRIENDLY STAFF WHEN ORDERING

See our cabinet for more options



ALL DAY *menu*

Toasties

- Ham and Cheese\$7.20
add pineapple .50
add tomato .50
- Chicken, cheese and avocado.....\$7.30
- Reuben\$7.50
corned beef, Swiss cheese, sauerkraut
and pickles on rye

Burgers

- Cheeseburger.....\$12
beef pattie, cheddar cheese, caramelised onion,
pickles, American mustard and tomato relish....
- Double Cheeseburger.....\$14
- Chicken burger.....\$14
pulled chicken, bacon, cheese, avocado, tomato,
lettuce and garlic aioli

Favourites

- Fish and chips \$11.50
battered or crumbed
- Small chips \$3.50
- Large chips \$7
- Lasagne and Greek salad \$12.50

Pizzas

- Ⓥ Veg pizza \$13.50
tomato base, roast pumpkin, roast capsicum,
spinach, onion, fetta, eggplant, cherry tomato
and fresh basil
- Tropical \$13
leg ham, local pineapple with tomato base
and mozzarella
- Chicken..... \$15
grilled chicken, spinach, feta, cherry
tomatoes, roast capsicum, Spanish onion,
mozzarella and tomato base

Salad Bowls

All can be served with chicken, smoked
salmon or crumbed veggie pattie \$14.50

Farm fresh

- VG Ⓥ quinoa, avocado, red cabbage, onion, cherry
tomatoes, cashews, carrot, cucumber,
spinach and radish with a vinaigrette

Summer harvest

- VG Ⓥ brown rice, steamed broccoli, roast pumpkin,
spinach, avocado, hummus, roasted
capsicum, cherry tomatoes, onion, poached
egg with olive oil dressing

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