

Sail Inn

CAFE & BAR

OCEAN VIEWS & GREAT BREWS

OPEN 7 DAYS A WEEK FROM 6AM

COLD DRINKS

SMOOTHIES

LRG \$9

Tropical Sunrise - Banana, mango, passionfruit, pineapple, Greek yoghurt, honey & w' almond or coconut milk
Strawberry Bling - Strawberries, pineapple, mango & w' almond or coconut milk
Mixed Berry - Blueberries, strawberries, raspberries, Greek yoghurt & milk

MILKSHAKES

D \$5.50

Chocolate | Vanilla | Strawberry | Caramel | Coffee | Mocha

MT \$6

LT \$6.50

THICKSHAKES

D \$6.50

Chocolate | Vanilla | Strawberry | Caramel | Coffee | Mocha

MT \$7

LT \$8.50

FRAPPES

LRG \$8.50

Crushed ice, flavour of choice, ice-cream & cream on top

ICED DRINKS

D \$6

Flavour of choice w' ice-cream & cream

Chocolate | Vanilla | Strawberry | Caramel | Coffee | Mocha

MT 6.50

LT \$7

ICED LATTE

D \$5.50

MT \$6

LT \$6.50

ICED LONG BLACK

D \$4

MT \$4.50

LT \$5

D - DINE IN | MT - MEDIUM TAKEAWAY | LT - LARGE TAKEAWAY

HOT DRINKS

TEA POT

\$5

English Breakfast | Earl Grey | Peppermint | Chamomile | Green | Bushells

ESPRESSO/LONG BLACK

\$4

FLAT WHITE

\$4.50

CAPPUCCINO

\$4.50

MUGACCINO

\$5.50

BABYCHINO

50c

LATTE

\$4.50

MOCHA

\$5

HOT CHOCOLATE

\$4.50

CHAI LATTE

\$4.50

DIRTY CHAI

\$5

EXTRAS

UPGRAGE TO MUG

\$1

EXTRA SHOT

60c

SOY | ALMOND | LACTOSE FREE |

80c

COCONUT | OAT

CARAMEL | HAZELNUT | VANILLA

80c

HONEY

50c

LARGE TAKEAWAY

\$2

MEDIUM TAKEAWAY

\$1





BREAKFAST

6AM - 10AM

BACON & EGG MUFFIN \$9
*Bacon rasher, fried egg, cheese & choice of sauce
Add Hash Brown \$3*

BREKKY WRAP \$11
*Bacon rashers, fried egg, cheese & choice of sauce
Add Hash Brown \$3*

BACON EGG TOASTY \$8
*Bacon, egg & cheese
GF Option Available Add \$2*

TOASTED SANDWICHES \$8
*Choice of Ham & Cheese or Chicken & Cheese
Add Tomato \$2 | Add Avocado \$2 | GF Option Available Add \$2*

HAM & CHEESE CROISSANT \$12
Leg ham & cheese

PANCAKES \$15
*Fluffy pancakes (2) served w' choice of ice cream or fresh cream &
Canadian maple syrup*

RAISIN TOAST \$6
Raisin toast served w' butter

HASH BROWNS (2) \$5

THE SWEETER SIDE

6AM - 4PM

ASSORTED CAKES & SLICES \$9
Please ask staff for today's selection

BANANA BREAD GF \$6

SCONES (1) \$3.00
Served w' jam & whipped cream (2) \$4.50

ASSORTED MUFFINS \$7
Please ask staff for today's selection

COOKIES \$3.50
Please ask staff for today's selection

ICE CREAM WAFFLE CONE

Pick Your Size

Single Scoop \$4 | Double Scoop \$6 | Triple Scoop \$7

Pick Your Flavour

*Vanilla | Strawberry | Chocolate | Passionfruit | Cookies & Cream |
Honeycomb Crunch | Rum & Raisin*

LUNCH

10AM - 3PM

TOASTED SANDWICHES \$8
*Choice of Ham & Cheese or Chicken & Cheese
Add Tomato \$2 | Add Avocado \$2 | GF Option Available Add \$2*

CHICKEN CAESAR WRAP \$12
*Chicken, lettuce, bacon, egg, caesar sauce w' parmesan on a wrap
GF Bread Available Add \$2*

CAESAR SALAD \$12
*Lettuce, bacon, egg, caesar sauce w' parmesan
Add Chicken \$6*

PRAWN COCKTAIL CRUSTY ROLL \$20
Prawns, cucumber, tomato, lettuce & dressing

THE RUBEN \$20
*Sliced pastrami, sauerkraut, swiss cheese, house-made Russian
dressing on sourdough rye served w' pickles & potato chips*

CHICKEN PESTO TURKISH \$15
Feta, semi dried tomato & pesto chicken on Turkish

VEGE FOCACCIA \$13
*Roasted eggplant, roasted capsicum, swiss cheese, carrot,
mushroom, avo & tomato relish*

QUICHE OF THE DAY \$8
Add salad & chips \$10

BACON & ZUCCHINI SLICE \$8
Add salad & chips \$10

CLUB CHICKEN SALAD \$19
*Grilled chicken breast, avocado, mesculin, cherry tomatoes, red
onion, toasted pine nuts tossed in a mustard maple dressing*

GREEK SALAD \$12
*Lettuce, olives, cucumber, cherry tomatoes, red onion & feta
Add Chicken \$6*

HOT CHIPS \$6
Served w' choice of sauce

CHICKEN CHIPS (10) \$7
Served w' choice of sauce

